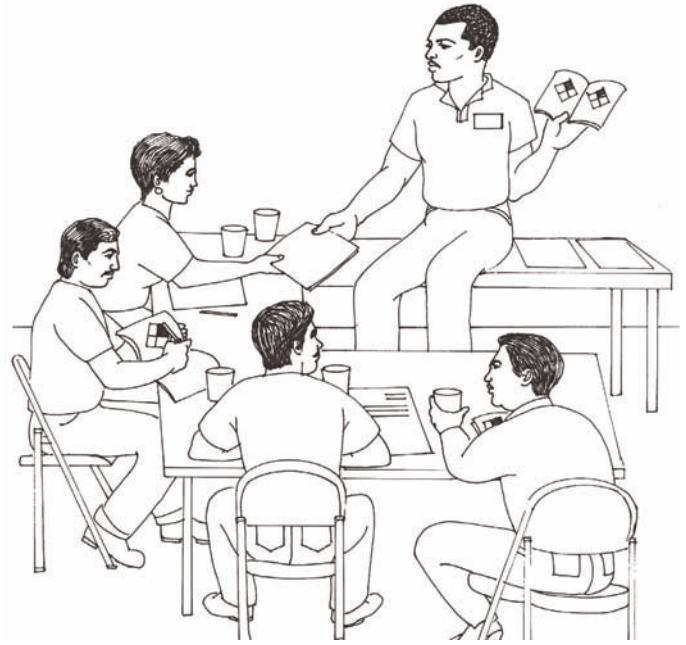


## 2. Training and Education

### TRAINING FOR ACTION

There are many types of worker health and safety training programs available. Some wrongly promote “personal responsibility” as the solution to safety problems. Other training programs are useful, but very technical and emphasize detailed knowledge about specific hazards. Often the best training not only conveys information but also helps workers to do something to improve conditions. Such training provides useful technical information, but also encourages people to act on that information. Participants learn how to set goals, decide strategy, and work collectively to make things better.



### TRAINING AUDIENCES AND FORMATS

Worker training can target the entire workforce, the health and safety committee, or union stewards and other leaders. Remember, the more people who are knowledgeable, the more effective the outcomes.

Training can take many forms, including:

- A one-time workshop.
- A hands-on practice session.
- A series of classes.
- A guest speaker at a union meeting.
- A film or video with a discussion afterward.
- A speak-out or public hearing.
- A train-the-trainer program.

## SOURCES FOR TRAINING FOR ACTION



### **New Jersey Work Environment Council (WEC)**

**Phone:** 609-695-7100

[www.njwec.org](http://www.njwec.org)

### **The Tony Mazzocchi Center for Safety, Health and Environmental Education (TMC) of the United Steelworkers**

**Phone:** 866-222-7349 or 412-562-2581

[www.usw.org/usw/program/content/TMC-Courses.php](http://www.usw.org/usw/program/content/TMC-Courses.php)

### **PHILAPOSH**

Philadelphia Area Project on Occupational Safety and Health

**Phone:** 215-386-7000

[www.philaposh.org](http://www.philaposh.org)

### **Rutgers University Labor Education Center**

**Phone:** 732-932-8559 or 732-932-6926

[www.rci.rutgers.edu/~rulabor/index2.html](http://www.rci.rutgers.edu/~rulabor/index2.html) Union Leadership Academy and

<http://otec.rutgers.edu/> Occupational Training and Education Consortium

### **National Labor College at the George Meany Campus**

**Phone:** 301-431-5414

[www.nlc.edu/html/safety\\_health\\_project.html](http://www.nlc.edu/html/safety_health_project.html)

## **DO OSHA AND NJPEOSH REQUIRE WORKER TRAINING?**

There is no OSHA/NJPEOSH standard that covers just training. However, requirements for worker training are found in more than 100 occupational safety and health standards, such as those listed below. Page numbers below refer to *Training Requirements in OSHA Standards and Training Guidelines*, OSHA Publication 2254, 1998.

**Phone:** 202-693-1888, OSHA Publications Office

[www.osha.gov/pls/publications/pubindex.list](http://www.osha.gov/pls/publications/pubindex.list)

### **GENERAL INDUSTRY STANDARDS**

- Employee Emergency Plan and Fire Prevention Plans, 1910.38, page 20
- Hearing Protection, 1910.95, page 21
- Hazardous Waste - Emergency Responders, 1910.120, page 26
- Personal Protective Equipment, 1910.132, page 30
- Respiratory Protection, 1910.134, page 30
- Permit Required Confined Spaces, 1910.146, page 32
- Control of Hazardous Energy (Electrical Lockout/Tagout), 1910.147, page 33
- Medical Services and First Aid, 1910.151, page 34
- Portable Fire Extinguishers, 1910.157, page 35
- Fixed Extinguishing Systems, 1910.160, page 35
- Fire Detection Systems, 1910.164, page 36
- Employee Alarm Systems, 1910.165, page 36
- Mechanical Power Presses, 1910.217, page 38
- Welding, Cutting, and Brazing, 1910.252 to 1910.254, page 39
- Electrical Safety-Related Work Practices, 1910.331 to 1910.335, page 44
- Asbestos, 1910.1001, page 44
- Lead, 1910.1025, page 47
- Bloodborne Pathogens, 1910.1030, page 49
- Hazard Communication, 1910.1200, page 54
- Occupational Exposure to Hazardous Chemicals in Laboratories, 1910.1450, page 54

### **CONSTRUCTION STANDARDS**

- Safety Training and Education, 1926.21, page 69
- Lead in Construction, 1926.62, page 71
- Fall Protection, 1926.503, page 76
- Ladders, 1926.1060, page 83
- Asbestos in Construction, 1926.1101, page 84

## SOURCES FOR TECHNICAL TRAINING

### **Centers for Education and Training (CET)**

UMDNJ School of Public Health

**Phone:** 732-235-9450

<http://ophp.umdnj.edu/CET/index.htm>

### **NJDHSS Right to Know Program – Right to Know Issues**

**Phone:** 609-984-2202

[www.state.nj.us/health/eoh/rtkweb](http://www.state.nj.us/health/eoh/rtkweb)

## FOR PUBLIC EMPLOYEES

### **NJDHSS NJPEOSH Program – Health Issues**

**Phone:** 609-984-1863

[www.state.nj.us/health/eoh/peoshweb/peoshact.htm](http://www.state.nj.us/health/eoh/peoshweb/peoshact.htm)

### **NJDLWD NJPEOSH – Safety Issues, Recordkeeping**

**Phone:** 609-633-3896, 609-292-7036, 800-624-1644

[www.state.nj.us/labor/lisse/lspbosh.html](http://www.state.nj.us/labor/lisse/lspbosh.html)